

# *So you've received a citation about having too much stuff...*

- We offer support groups to help you deal with your items.
- We want to help you keep your home.

Contact Us:

510-306-4527

[peersupportservices@mentalhealthsf.org](mailto:peersupportservices@mentalhealthsf.org)

The Hoarding Behavior Program is a community program offering **FREE** services to San Francisco residents. As peers with lived experience, we know what it's like to have *too much stuff* — because we did too. We have saved people from losing their homes.

*We can help!*



# *What we offer:*

## Support Groups:

- Drop-In Support Group for Hoarding Behaviors
- Advanced Drop-In Support Group for Hoarding Behaviors
- Adult Children of Parents who have Hoarding Behaviors Support Group
- Family and Friends of People with Hoarding Behaviors Support Group
- LGBTQ+ Seniors (55 years +) Support Group for Hoarding Behaviors

## 1:1 Counseling Support

## Buried in Treasures Course:

A 16-week course designed to help minimize the accumulation of excessive objects, co-facilitated by a Licensed Marriage and Family Therapist and peer counselor with lived experience. San Francisco residents only.

## Annual Conference:

Redefining Crazy Conference featuring experts in the field of decluttering.

